

Weekend Manifestation Workshop Schedule

“A Weekend of SELF-EMPOWERMENT, FREEDOM & HEALING”

Thursday Evening to Sunday Afternoon – Unless Otherwise Specified, Workshop Will Convene Each Day, in the Meeting Room

Thursday

5:00 pm (1.5 hours) - Opening Circle

- *Why are you here?*
- *What are your intentions?*

6:30 pm (1.5 hours) – Dinner and Drinks (*Catered – in room*)

- *Receive Swag Gifts, Manifestation Boards, and Retreat Workbooks*

8:00 pm – End of day

Thursday night you are on your own to settle in and relax. Please be aware of, and prepare yourself for, an intense Friday

Friday

8:00 am (1 hour) – Suggested Time for Breakfast

You will be on your own for this meal, but we will be happy to make suggestions

Everyone will have \$25 allocated for this meal, and can order room service, or join the breakfast buffet provided by the Hotel.

9:00 am (2 hours) – Breaking down your beliefs and learning how to get where you are in life

11:00 am (2 hours) – Discovering your true passions and desires

1:00 pm (1.5 hours) – Lunch

Lunch will be provided by the hotel, and will be enjoyed together as a group

2:30 pm (2 hours) – Rebuilding Your Life (Part 1)

4:30 – 7:00 pm (2.5 hours) – “Free Time” - On Your Own

7:00 pm (2 hours) – Group Dinner (Restaurant TBD)

This will be a 5-Star dinner, included in the price of the weekend workshop!

9:00 pm – “Organized” Play Time

You will have this time to spend as you personally desire, or you may join the group with an organized activity together.

Saturday

8:00 am (1 hour) – Suggested Time for Breakfast

Same as Friday’s breakfast. Each individual will have \$25 to spend either ordering room service or enjoying the hotel’s breakfast buffet.

9:00 am (1.5 hours) – Rebuilding Your Life (Part 2)

10:30 am (2 hours) – Manifestation Board Workbook, and board work

12:30 pm (1 hour) – Catered Lunch in Room

1:30 pm (3 hours) – Manifestation Board and Workbook Work

4:30 – 7:00 pm (2.5 hours) – “Free Time” - On Your Own

7:00 pm – Group Dinner

This will be a 5-Star dinner at a restaurant chosen by the host. Again, all costs are included in the price of the weekend workshop.

Sunday

8:00 am (1 hour) – Suggested Time for Breakfast

Same rules as Friday and Saturday’s breakfast. \$25 per person.

9:00 am (3 hours) – Closing Circle

12:00 pm – End of Workshop